



A Strong Start for
New Families

adoption
center

MAKE YOUR OWN PEDIALYTE

SERVES 6

INGREDIENTS

4 CUPS WATER

1/2 TEASPOON BAKING SODA

1/2 TEASPOON SALT

3 TABLESPOONS SUGAR

1/2 PACKET UNSWEETENED KOOL-AID
(OPTIONAL)

DIRECTIONS: MIX ALL UNTIL DISSOLVED.
KEEP REFRIGERATED AND USE WITHIN A
COUPLE OF DAYS.